

HEROES 4 A DAY

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos
1	67	Raj GOVENDER	1:15:06	Heroes	1	Male	1
2	179	Claude EKSTEEN	1:16:55	Elite	1	Male	2
3	205	Juan-Pierre MARE	1:25:51	Elite	2	Male	3
4	35	Nigel TONKIN	1:27:17	Elite	3	Male	4
5	18	James MEREDITH	1:28:30	Elite	4	Male	5
6	4	Tom BASSON	1:30:03	Elite	5	Male	6
7	3	Leona LAMONT	1:35:27	Heroes	2	Female	1
8	63	Nicky LENZ	1:40:08	Heroes	3	Female	2
9	62	Taryn MAUJEAN	1:40:08	Heroes	4	Female	3
10	178	Trish BAHLMANN	1:49:30	Elite	6	Female	4
11	24	Karel ENGELBRECHT	1:50:13	Elite	7	Male	7
12	222	Blair THOMPSON	1:50:35	Elite	8	Male	8
13	17	Kyle SPIRES	1:53:24	Elite	9	Male	9
14	230	Jeramie Higgins	1:55:37	Elite	10	Male	10
15	89	Clayton HOLLOWAY	1:58:33	Elite	11	Male	11
16	90	Tarryn BUTLER	2:00:44	Elite	12	Female	5
17	46	Lisha SOOKAN	2:01:39	Elite	13	Female	6
18	165	Gavin HERWOOD	2:03:42	Elite	14	Male	12
19	88	Andrew NARRAMO	2:06:00	Elite	15	Male	13
20	87	Jodi DAVIDSON	2:07:02	Elite	16	Female	7
21	209	Sean STEYN	2:08:16	Elite	17	Male	14
22	98	Brandon WAUGH	2:10:08	Teams	1	Male	15
23	103	Kyle BESTER	2:10:10	Teams	2	Male	16
24	102	Henkie GROENEWAAL	2:10:13	Teams	3	Male	17
25	99	Brian LEWIS	2:10:19	Teams	4	Male	18
26	104	Malcolm HUNTER	2:10:34	Teams	5	Male	19
27	101	Michael DE KOCK	2:10:40	Teams	6	Male	20
28	123	Warren BAMBER	2:11:11	Teams	7	Male	21
29	122	Josh RENCKEN	2:11:11	Teams	8	Male	22

30	121	Matthew RENCKEN	2:11:12	Teams	9	Male	23
31	229	Daniel Mundel	2:14:38	Elite	18	Male	24
32	143	Robyn GREYLING	2:17:40	Elite	19	Female	8
33	144	Shane GREYLING	2:17:40	Elite	20	Male	25
34	32	Colin VAN DYK	2:19:41	Elite	21	Male	26
35	71	Lindsay COMBRINK	2:23:58	Teams	1	Female	9
36	72	Jarid SHERWOOD	2:23:59	Teams	10	Male	27
37	136	Grant MARAIS	2:25:30	Elite	22	Male	28
38	140	Morne ESTERHUIZ	2:31:25	Elite	23	Male	29
39	86	Shane BEATTIE	2:35:51	Elite	24	Male	30
40	28	Anton SCHOLTZ	2:36:11	Elite	25	Male	31
41	23	Catherine ROBSON	2:36:26	Elite	26	Female	10
42	239	Rohann LUDICK	2:36:33	Teams	11	Male	32
43	240	Melissa LUDICK	2:36:33	Teams	2	Female	11
44	211	Barry RAMAGE	2:36:36	Elite	27	Male	33
45	208	Bianca POTTOW	2:36:43	Elite	28	Female	12
46	210	Timothy LYLE	2:36:45	Elite	29	Male	34
47	204	Bryce MOLLER	2:38:00	Elite	30	Male	35
48	33	Grant CARINUS	2:38:24	Elite	31	Male	36
49	139	Darryn ROWE	2:38:34	Elite	32	Male	37
50	176	Bruce KILIAN	2:38:46	Elite	33	Male	38
51	173	Stacey GIBHARD	2:38:55	Elite	34	Female	13
52	149	Mitch DUFOURQ	2:39:50	Elite	35	Male	39
53	148	Liesel PHILLIPS	2:40:43	Elite	36	Female	14
54	135	Bronwyn MARAIS	2:40:43	Elite	37	Female	15
55	147	Alan PHILLIPS	2:41:33	Elite	38	Male	40
56	196	Warren BOTHA	2:43:24	Elite	39	Male	41
57	198	Kade BURNETT	2:43:25	Elite	40	Male	42
58	195	Andrew CRAIG	2:43:25	Elite	41	Male	43
59	200	Ryan FAUCONIER	2:43:26	Elite	42	Male	44
60	5	Jono MARSDEN	2:43:38	Elite	43	Male	45

61	235	Alicia Dv Plessis	2:44:12	Teams	3	Female	16
62	234	Tracy Erikson	2:44:14	Teams	4	Female	17
63	236	Unknown Unknow	2:44:23	Teams	12	Male	46
64	201	Clint ROBSON	2:45:17	Elite	44	Male	47
65	55	Stephan VAN GRAA	2:46:33	Elite	45	Male	48
66	125	Mark BRASSEL	2:47:12	Elite	46	Male	49
67	192	Johnathan DICK	2:47:39	Elite	47	Male	50
68	120	Joss PEROLD	2:56:12	Teams	13	Male	51
69	128	Brendon KLEYNHA	2:56:21	Teams	14	Male	52
70	129	Ashley WOOD	2:56:37	Teams	15	Male	53
71	117	Adi WEERHEIM	2:56:39	Teams	5	Female	18
72	130	Julian ANGELOZZI	2:57:04	Teams	16	Male	54
73	127	Paul HOYTE	2:57:25	Teams	17	Male	55
74	177	Pieter BRINK	3:15:59	Elite	48	Male	56
75	141	Nedene CAHILL	3:16:44	Elite	49	Female	19
76	169	Aadila BOBAT	3:17:32	Teams	6	Female	20
77	171	Bilal BOBAT	3:17:41	Teams	18	Male	57
78	172	Ntokozo MTHEMBU	3:18:49	Teams	19	Male	58
79	243	Gareth AKERMAN	3:19:33	Heroes	5	Male	59
80	60	Tyrone HOLDER	3:19:39	Heroes	6	Male	60
81	59	Garreth James DOV	3:20:07	Heroes	7	Male	61
82	154	Taryn STRYDOM	3:22:51	Elite	50	Female	21
83	170	Faatimah BOBAT	3:25:06	Teams	7	Female	22
84	94	Llewellyn SOINE	3:30:24	Teams	20	Male	62
85	93	Candice-Lee SOINE	3:30:47	Teams	8	Female	23
86	112	Oliver RIVETT-CAR	3:38:18	Teams	21	Male	63
87	113	Wesley ROBB	3:38:24	Teams	22	Male	64
88	114	Ashton MOODLEY	3:38:58	Teams	23	Male	65
89	153	Travis DALRYMPLE	3:44:08	Elite	51	Male	66
90	223	Kevin MEYER	3:44:33	Elite	52	Male	67
91	119	Tashlin Jeremiah S	3:48:55	Teams	24	Male	68

92	118	Bradley Cameron N	3:49:15	Teams	25	Male	69
		Kabelo PHOFO	Not started	Elite		Male	
	97	Wade WINDELL	DNS	Teams		Male	
	100	Wesley VOLEK	DNS	Teams		Male	
	220	John TORRENS	DNS	Elite		Male	