

HEROES 4 A DAY

1	20258	Anton Scholtz	1:07:47	Heroes	1	Male	1
2	12478	Andrew Erasmus	1:14:57	Elite	1	Male	2
3	57318	James Meredith	1:15:40	Elite	2	Male	3
4	82014	Wayne Raman	1:21:21	Heroes	2	Male	4
5	70650	Jaco Botha	1:22:30	Elite	3	Male	5
6	93720	Kyle Spires	1:30:02	Elite	4	Male	6
7	22437	Hamish Mackenzie	1:30:19	Elite	5	Male	7
8	12262	Cana Peek	1:33:19	Elite	6	Female	1
9	58905	Karel Engelbrecht	1:33:24	Heroes	3	Male	8
10	25535	Catherine Robson	1:34:46	Elite	7	Female	2
11	31296	Colin Van Dyk	1:34:50	Heroes	4	Male	9
12	8399	shaun chamblor	1:39:52	Heroes	5	Male	10
13	2059	dean moore	1:40:33	Elite	8	Male	11
14	2004	Jackie Moore	1:40:35	Elite	9	Female	3
15	21510	Thomas Schoeman	1:42:37	Elite	10	Male	12
16	54960	Gavin Herwood	1:46:52	Heroes	6	Male	13
17	72537	jodi Davidson	1:46:52	Heroes	7	Female	4
18	72553	Andrew Narramore	1:46:52	Heroes	8	Male	14
19	81367	Matthew Rencken	1:48:26	Heroes	9	Male	15
20	53322	Jade Redman	1:48:42	Heroes	10	Female	5
21	48995	Storm Dantu	1:48:42	Heroes	11	Male	16
22	18785	Byron Watt	1:48:45	Heroes	12	Male	17
23	28538	Lisha Sookan	1:52:53	Heroes	13	Female	6
24	57798	Tyrone Holder	1:53:10	Elite	11	Male	18
25	79239	Johnathan Dick	1:54:23	Heroes	14	Male	19
26	54946	Claudia Lepera	1:55:42	Heroes	15	Female	7
27	33415	Deshi Sookan	1:58:37	Heroes	16	Male	20
28	63196	wesley volek	2:00:24	Heroes	17	Male	21
29	40921	Brian Lewis	2:00:31	Heroes	18	Male	22
30	54303	Wade Windell	2:00:32	Elite	12	Male	23

31	33634		Brandon Waugh	2:00:32	Elite	13	Male	24
32	12745		ANITA POHL	2:03:04	Heroes	19	Female	8
33	80453		MICHAEL HIND	2:03:04	Heroes	20	Male	25
34	11504		Kevin Meyer	2:04:14	Elite	14	Male	26
35	99293		Shane Beattie	2:06:33	Elite	15	Male	27
36	41746		Johannes van Aswe	2:08:01	Elite	16	Male	28
37	50539		stella macleod-hen	2:08:01	Heroes	21	Female	9
38	34303		Mhlengi Mbanjwa	2:08:04	Heroes	22	Male	29
39	31071		Jono Marsden	2:10:03	Heroes	23	Male	30
40	40455		Nic Wentink	2:10:20	Heroes	24	Male	31
41	48413		Francois Herbst	2:10:32	Heroes	25	Male	32
42	86275		Hannes Van Heerd	2:10:34	Heroes	26	Male	33
43	30534		Gareth Engelbrecht	2:18:07	Heroes	27	Male	34
44	33745		Ronald van As	2:20:03	Heroes	28	Male	35
45	33741		Mark Aaron	2:20:05	Heroes	29	Male	36
46	33694		Candice Soine	2:36:14	Heroes	30	Female	10
47	17742		Craig Rudder	2:36:28	Heroes	31	Male	37
48	34262		Nick Walters	2:47:15	Heroes	32	Male	38
49	34261		Carra Walters	2:47:15	Heroes	33	Female	11
50	31941		Mike Mcloughlin	2:51:41	Heroes	34	Male	39
	18781		Kyle Bester	Not started	Heroes		Male	
	34263		Russell Henstock	Not started	Heroes		Male	
	53415		Christie Mackenzie	DNF	Elite		Female	
	98687		BIANCA WESTHOR	Not started	Elite		Female	
	99998		Steps Makam	Not started	Heroes		Male	