

# Overall Results

# Heroes for Day - Elite

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
19	CLAUDE EKSTEEN	M	40 to 49	1:05:17	1	1
28	JAMES MEREDITH	M	30 to 39	1:06:37	2	1
44	NIGEL TONKIN	M	19 to 29	1:11:18	3	1
4	TOM BASSON	M	30 to 39	1:14:29	4	2
297dq	JERAMIE HIGGINS	M	19 to 29	1:16:39	5	2
3	TRISH BAHLMANN	F	40 to 49	1:19:14	1	1
20	KAREL ENGELBRECHT	M	30 to 39	1:23:07	6	3
22	TYRONE HOLDER	M	30 to 39	1:33:01	7	4
46	EBEN VERMEULEN	M	40 to 49	1:34:03	8	2
40	LISHA SOOKAN	F	30 to 39	1:35:22	2	1
6	PIETER BRINK	M	30 to 39	1:37:16	9	5
32	ALAN PHILLIPS	M	40 to 49	1:46:58	10	3
41	PAUL STROEBEL	M	30 to 39	1:48:23	11	6
39	SHER SINGH	M	19 to 29	1:49:22	12	3
13	DAMON COUSINS	M	30 to 39	1:52:17	13	7
25	KYLE LEIGHTON	M	30 to 39	1:54:36	14	8
17	WILLIAM DYER	M	40 to 49	1:56:16	15	4
35	PETER POTGIETER	M	40 to 49	1:56:27	16	5
27	TIMOTHY MARSH	M	19 to 29	1:56:45	17	4
48	DYLAN WILLIAMS	M	19 to 29	2:14:29	18	5
49	DANIEL WILLMENT	M	30 to 39	2:54:59	19	9