

# Overall Results

# Heroes for Day

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
47DQ	JORGEN WIKSTROM	M	19 to 29	1:16:05	1	1
299dq	TREVOR LAGERWEY	M	30 to 39	1:16:34	2	1
29dq	JACKIE MOORE	F	30 to 39	1:40:32	1	1
37DQ	CATHERINE ROBSON	F	30 to 39	1:46:45	2	2
91	JULIAN ANDERSON	M	19 to 29	1:52:28	3	2
298DQ	CLAYTON HOLLOWAY	M	30 to 39	1:54:40	4	2
96	DANIEL DUARTE	M	30 to 39	1:58:26	5	3
106	STEFAN WILMANS	M	40 to 49	2:00:00	6	1
36DQ	FRANCOIS POTGIETER	M	30 to 39	2:07:45	7	4
9DQ	MURRAY BURGER	M	30 to 39	2:14:35	8	5
31DQ	JASON MUNRO	M	30 to 39	2:15:05	9	6
42dq	LEE STRYDOM	M	40 to 49	2:18:32	10	2
23DQ	JEAN-PIERRE JOUBERT	M	30 to 39	2:25:41	11	7
105	ADAM WALKER	M	40 to 49	2:29:39	12	3
12dq	MARK COMMONS	M	19 to 29	2:30:15	13	3
21DQ	DARRYN GRANTHAM	M	19 to 29	2:31:54	14	4
43dq	TARYN STRYDOM	F	30 to 39	2:40:58	3	3
92	VICTORIA CLARK	F	40 to 49	2:41:36	4	1
34dq	RAIYEN PILLAY	M	19 to 29	2:42:29	15	5
26DQ	BRADLEY LUCIEN	M	40 to 49	2:45:19	16	4
45dq	WANRI VENTER	F	30 to 39	2:46:08	5	4
16dq	BRETT DUNLOP-MILBORROW	M	30 to 39	2:46:20	17	8
33dq	LIESEL PHILLIPS	F	40 to 49	2:46:23	6	2
50dq	ANDRE WOLMARANS	M	30 to 39	2:47:11	18	9
14dq	DELWIN DEBROIZE	M	30 to 39	2:50:07	19	10
93	MELODY COX	F	30 to 39	2:55:48	7	5
94	ANTONY COX	M	30 to 39	2:55:50	20	11
8DQ	JOHANN BRUWER	M	30 to 39	2:58:56	21	12
7dq	ETIENNE BRUWER	M	19 to 29	3:01:03	22	6
15dq	ALICIA DU PLESSIS	F	30 to 39	3:02:24	8	6
102	TYRONE NICOL	M	30 to 39	3:02:38	23	13
117	RYAN COOPER	M	19 to 29	3:03:01	24	7
99	DEAN HARRISON	M	30 to 39	3:08:11	25	14
100	LOUISE HARRISON	F	30 to 39	3:08:52	9	7
101	MELISSA JOSEPH	F	30 to 39	3:09:08	10	8
104	LLEWELLYN SOINE	M	30 to 39	3:13:47	26	15
2dq	CHRIS BAHLMANN	M	30 to 39	3:21:40	27	16
1dq	MEGAN BAHLMANN	F	19 to 29	3:22:31	11	1
30DQ	BRIAN MUMFORD	M	40 to 49	4:17:51	28	5